



Audrey Miller
Founder and Managing
Director, MSW, RSW,
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Audrey has spent the last 25 years working with disabled individuals and their families, focusing on rehabilitation issues to improve function at home, in the community and at the work place.

Elder Caring was created to meet a growing need in the community for a coordinated, professional and interdisciplinary approach to service delivery with a focus on the health and well-being of the older person and their family.

With a Bachelor's level and Master's Degree in Social Work, Audrey is registered in the province of Ontario, a Geriatric Care Manager, a Canadian Certified Rehabilitation Counselor and a Canadian Certified Life Care Planner.

Our Mission: Our team of experts empower families dealing with geriatric care issues by identifying challenges and providing solutions tailored to the individual needs of families.

Our Team: Our network of highly educated and specialized Geriatric Care Managers – which include social workers, occupational therapists and other allied health professionals – located throughout Canada, are dedicated to providing high quality consultation and care coordination while leveraging community resources.

How We Work: Local Geriatric Care experts meet with the older individual and their family at home or in the hospital, to gain an understanding of a family's unique circumstances and challenges in order to develop a personalized Wellness Plan.

What We Do: Based on a thorough assessment of a client and caregivers' needs, our experts will develop a Wellness Plan™ which includes support, recommendations and easy-to-implement solutions to address your specific concerns and needs. Our goal is to:

- Make difficult conversations about care, finances and housing *easier*
- Manage services and navigate health care and home systems *effectively*
- Plan for the next stage of care *confidently*
- Implement customized care strategies and facilitate *smooth transitions*
- Save time, money and *reduce stress and worry*
- Manage elder care crises when they arise to *reduce disruptions*
- Assist employers to plan and *minimize work interference*

The Wellness Plan: Our Wellness Plan is a highly personalized guide to providing the best quality care based on the unique circumstances of the client. A Wellness Plan can include, but is not limited to, some of the following elements:

- Ongoing meetings Geriatric Care Manager support
- In-home safety assessment
- Individual counselling
- Identification of subsidized and private community resources
- Exploration of alternative residential options
- Long distance care giving assistance

Contact Us: To learn more about Elder Caring Inc. or to discuss any geriatric care issues, please contact us! Our details can be found below.